

**Mens Ministry**  
North Dallas Family Church  
Five Week Bible Study

Week 1. **Spiritual Growth and Discipline:** Understanding and practicing spiritual disciplines such as prayer, Bible study, and worship. This includes fostering a deep, personal relationship with God and growing in faith.

Week 2. **Biblical Leadership:** Learning how to lead in various capacities, whether in the home, church, or workplace, according to biblical principles. This includes understanding servant leadership, integrity, and accountability.

Week 3. **Brotherhood and Accountability:** Building strong, authentic relationships with other men in the church. This involves mutual encouragement, support, and accountability to help each other grow in their walk with Christ.

Week 4. **Family Responsibilities:** Emphasizing the biblical role of men in the family, including being a loving husband and a nurturing father. This encompasses lessons on marriage, parenting, and family dynamics grounded in Scripture.

Week 5. **Service and Outreach:** Encouraging and equipping men to serve their community and share their faith. This involves engaging in local and global missions, community service projects, and personal evangelism.



## **Week 1. Spiritual Growth and Discipline**

Focus Verse: 2 Timothy 3:16-17 - "All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work."

Explanation: This passage highlights the importance of Scripture in teaching and training men to be equipped for every good work, emphasizing the necessity of spiritual growth and discipline.

### **A Spiritual Growth Plan**

Focus Verse: 2 Timothy 3:16-17 (NASB)

"All Scripture is inspired by God and profitable for teaching, for reproof, for correction, for training in righteousness; so that the man of God may be adequate, equipped for every good work."

1. "All Scripture is inspired by God"

Meaning: This affirms the divine origin of all Scripture. The term "inspired by God" (Greek: "theopneustos") literally means "God-breathed." It underscores that the Scriptures are not merely human writings but are given by the divine breath of God.

Question: According to 2 Timothy 3:16, how do we know that the Bible is the Word of God?

- A) Because it was written by many different authors
- B) Because it contains historical facts
- C) Because it is breathed out by God
- D) Because it has been translated into many languages

Answer: \_\_\_\_\_

Question: According to 2 Timothy 3:16, what is our authority as Christians?

- A) Church traditions
- B) Personal experiences
- C) The inspired Word of God
- D) Popular opinion

Discussion question: before you were a Christian, to whom or where did you look to for your beliefs?

## 2. "and profitable for teaching"

Meaning: Scripture is beneficial and useful for instructing believers in sound doctrine and truth. It provides the foundation for all teaching in the Christian faith.

According to 2 Timothy 3:16, why is the Bible used for our teaching?

- A) It contains stories and parables
- B) Because Gods Word and is profitable.
- C) It has been preserved through history
- D) It was written by apostles and prophets

Answer: \_\_\_\_\_

Discussion question: how do you know whether you have "learned" sufficiently and correctly?

### 3. "for reproof"

Meaning: Scripture serves to reprove or rebuke us, pointing out errors and convicting us of sin. It helps believers recognize where they have strayed from God's will.

Question: According to 2 Timothy 3:16, what does "reproof" mean?

- A) Encouragement to continue in faith
- B) Instruction in historical context
- C) Conviction and correction of wrong beliefs and behaviors
- D) Celebration of personal achievements

Answer: \_\_\_\_\_

Question: as a man of God, pursuing the things of God, are you willing to have another brother in Christ speak truth into your life, even though you might feel uncomfortable with his questions?

### 4. "for correction"

Meaning: Beyond reproofing us, Scripture also provides guidance for correcting our course. It shows us how to amend our ways and align our lives with God's standards.

Question:

According to 2 Timothy 3:16, what does "correction" mean?

- A) Explaining difficult concepts
- B) Improving moral character
- C) Restoring to a proper condition and guiding towards the right way
- D) Providing encouragement and support

Answer\_\_\_\_\_

Discussion question: Based on Hebrews 12:5-6, how is God involved in your life when it comes to discipline and correction?

Hebrews 12:5-6 (NIV): "And have you completely forgotten this word of encouragement that addresses you as a father addresses his son? It says, 'My son, do not make light of the Lord's discipline, and do not lose heart when he rebukes you, because the Lord disciplines the one he loves, and he chastens everyone he accepts as his son.'"

5. "for training in righteousness"

Meaning: Scripture is essential for training and instructing believers in righteous living. It helps shape our character and conduct to reflect godly virtues and principles.

Discussion question: how does Titus 2:11-12 speak to us regarding biblical training?

Titus 2:11-12 (NIV): "For the grace of God has appeared that offers salvation to all people. It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age."

6. "so that the man of God may be adequate"

Meaning: The purpose of Scripture's role in teaching, reproof, correction, and training is to make the "man of God" (a term often referring to a servant or follower of God) adequate or complete. It equips individuals to be spiritually mature and well-prepared.

Question: According to 2 Timothy 3:17, what does it mean to be an "adequate" man of God?

- A) Perfect and without fault
- B) Fully equipped and prepared for every good work
- C) Wealthy and successful in worldly terms
- D) Highly respected and admired in society

## 7. "equipped for every good work"

Meaning: Scripture fully prepares and equips believers for all kinds of good works. This implies a readiness and capability to engage in acts of service, ministry, and godly living that align with God's will.

Question:

According to 2 Timothy 3:17, "every good work" refers to:

- A) Completing what is expected of my church.
- B) Completing what is expected from my fellow man.
- C) Completing what God expects from me.
- D) all of the above.

Overall Summary:

Spiritual discipline emphasizes becoming the man that God wants us to be. In order to be up to the task and fulfill his commands, we must present to him a willing heart, a healthy body and a disciplined mind.

## **Week 2. Biblical Leadership**

Focus Passage: 1 Peter 5:2-3 - "Shepherd the flock of God among you, exercising oversight not under compulsion, but voluntarily, according to the will of God; and not for sordid gain, but with eagerness; nor yet as lording it over those allotted to your charge, but proving to be examples to the flock."

Explanation: These verses underscore the principles of servant leadership, urging leaders to guide willingly, eagerly, and by example, reflecting Christ-like leadership.

Certainly! Here's a breakdown of 1 Peter 5:2-3 (NASB):

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Verse 2:

"shepherd the flock of God among you": This phrase calls for leaders in the church to care for and guide God's people, emphasizing assisting the Pastor in his role of caring for people. Last week we studied first Timothy, 3:16 and 17, which talked about using the word of God to develop the discipline and growth necessary to lead.

Discussion Question: Do you feel ready to take a leadership role in the local congregation, whether small or great?

Discussion question: in this passage, what is the relationship between the local church and the men in it?

1 Timothy 3:4-5 (NIV): "He must manage his own family well and see that his children obey him, and he must do so in a manner worthy of full respect. (If anyone does not know how to manage his own family, how can he take care of God's church?)  
"exercising oversight not under compulsion, but voluntarily, according to the will of God"

Discussion question: according to this passage, should we expect to be forced to be leaders, or is it something that we choose to do?

Leaders are urged to fulfill their responsibilities willingly and according to God's calling, not out of obligation or external pressure. "and not for sordid gain, but with eagerness"

Discussion question: According to 1 Thessalonians 4:6 (NIV), who do we have to face if we take advantage of those under us?

"1 Thessalonians 4:6: "And that in this matter no one should wrong or take advantage of a brother or sister. The Lord will punish all those who commit such sins, as we told you and warned you before."

Leaders should serve with pure motives, not seeking personal profit or advantage, but eagerly desiring to serve God's people.

Verse 3:

"nor yet as lording it over those allotted to your charge":

Discussion question: Ephesians 6:4 How can we miss use the people under our charge?

Ephesians 6:4 (NIV): "Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord."

Leaders should not dominate or control those under their care, but rather lead with humility and respect.

"but proving to be examples to the flock":

Leaders are to set a positive example in conduct and faith, serving as models for others to follow in their walk with Christ.

Question: According to Colossians 1:10, how can we be an example to younger Christians?

- A) By demonstrating our knowledge of theological doctrines
- B) By living a life worthy of the Lord and pleasing Him in every way
- C) By holding positions of authority within the church
- D) By participating in charitable activities

### **Week 3. Brotherhood and Accountability**

Focus Passage: Proverbs 27:17 - "Iron sharpens iron, so one man sharpens another."

Explanation: This proverb illustrates the value of mutual support and accountability among men, encouraging them to help each other grow stronger in faith and character.

Question: According to Proverbs 27:17, what makes men sharpen one another?

- A) Friendly competition and rivalry
- B) Encouragement and affirmation
- C) Iron tools and craftsmanship
- D) Honest and constructive interaction

Ephesians 4:15-16 (NIV): "Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work."

Question: According to Ephesians 4:15-16, what must we do to bring others to maturity?

- A) Provide financial support
- B) Speak the truth in love
- C) Perform miracles and signs
- D) Write theological treatises

Answer: \_\_\_\_\_

Discussion question: what does "truth in love" mean?

Read Galatians 6:1-2 (NIV): “Brothers and sisters, if someone is caught in a sin, you who live by the Spirit should restore that person gently. But watch yourselves, or you also may be tempted. Carry each other’s burdens, and in this way you will fulfill the law of Christ.”

Discussion question what is our responsibility to a brother who is caught in sin?

Discussion question: how would you describe the process of restoring a brother to full fellowship in Christ?

Discussion Question: give us five ways we can complete this command from scripture: 1 Thessalonians 5:11 (NIV): “Therefore encourage one another and build each other up, just as in fact you are doing.”

Discussion question: tell us three things this verse is commanding us to do: Hebrews 10:24-25 (NIV): “And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching.”

1: \_\_\_\_\_

2: \_\_\_\_\_

3: \_\_\_\_\_

These verses emphasize the importance of accountability, mutual support, and growth among believers, encouraging them to help one another mature spiritually and live according to God’s will.

## Week 4: Family Responsibilities

Biblical Passage: Ephesians 5:25 - "Husbands, love your wives, just as Christ also loved the church and gave Himself up for her."

Explanation: This verse calls husbands to love their wives sacrificially, modeling the love Christ has for the church, thereby guiding men in their roles within the family.

Here are five ways Christian men can love their wives:

1. Sacrificially: "Husbands, love your wives, just as Christ loved the church and gave himself up for her." (Ephesians 5:25, NIV)

Question: According to Ephesians 5:25, what is sacrificial love?

- A) Love that demands perfection
- B) Love that requires personal gain
- C) Love that puts the needs of others above oneself
- D) Love that seeks recognition and praise

Answer: \_\_\_\_\_

Christian men can love their wives sacrificially, putting their wife's needs and well-being above their own, just as Christ sacrificially gave Himself for the church.

2. Unconditionally: "In this same way, husbands ought to love their wives as their own bodies." (Ephesians 5:28a, NIV)

Men can love their wives unconditionally, cherishing and caring for them as they do for their own selves.

Question: According to Ephesians 5:28, men are to view their wife's body as:

- A) Their personal possession
- B) A source of physical pleasure
- C) Their own body
- D) A symbol of status

Answer: \_\_\_\_\_

Discussion question: how can we make our wives feel more loved?

### 3. Selflessly: "He who loves his wife loves himself." (Eph5:28b)

Loving one's wife selflessly means considering her happiness and welfare as important as one's own, recognizing that in loving her, he also enriches his own life.

Discussion question: What is this passage saying that we ought to do for our wives?

### 4. Nourishing: "After all, no one ever hated their own body, but they feed and care for their body, just as Christ does the church." (Ephesians 5:29, NIV)

Men can love their wives by nourishing them emotionally, spiritually, and physically, providing the support and care needed for their growth and well-being.

Question:

According to Ephesians 5:29, what does it mean to nourish our wives?

- A) Providing them with physical gifts and comforts
- B) Feeding and caring for their spiritual and emotional needs
- C) Giving them advice and guidance in daily matters
- D) Protecting them from external harm and dangers

Answer: \_\_\_\_\_

5. Protectively: “In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.”  
(Ephesians 5:28, NIV)

Christian men should protect their wives, not just physically, but also by guarding their hearts and minds, ensuring their safety, security, and dignity in all circumstances.

Discussion question: can you name three dangers that our wives currently face that they need protection from?

## Week 5. Service and Outreach

Focus Passage: Matthew 28:19-20 - "Go therefore and make disciples of all the nations, baptizing them in the name of the Father and the Son and the Holy Spirit, teaching them to observe all that I commanded you; and lo, I am with you always, even to the end of the age." Matthew 28:19-20 (NIV)

1. "Therefore go and make disciples of all nations":  
Question: According to Matthew 28:19, where does Jesus want us to go to make disciples?  
  
A) To nearby towns and villages  
B) To all nations  
C) To places with large populations  
D) To areas with receptive hearts

Discussion Question: What should we be doing to make The Great Commission successful?

Jesus commands his disciples (and by extension, all believers) to actively engage in spreading the gospel message to people of all nations. The focus is on making disciples, not just converts, by sharing the good news of salvation.

2. "baptizing them in the name of the Father and of the Son and of the Holy Spirit":

Baptism is an essential part of the discipleship process, symbolizing the believer's identification with the Triune God —Father, Son, and Holy Spirit. It marks a public declaration of faith and initiation into the Christian community.

Acts 2:38-39 (NIV): “Peter replied, ‘Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. The promise is for you and your children and for all who are far off—for all whom the Lord our God will call.’”

Discussion Question: According to this passage, why should we be involved in baptizing or disciples?

Check up Question: Have you been baptized physically? Every leader should be baptized. If you are not, make plans to do so.

3. “and teaching them to obey everything I have commanded you”:

Discipleship involves not only conversion and baptism but also ongoing teaching and instruction in the teachings of Jesus. This includes moral conduct, spiritual disciplines, and obedience to Christ’s commands as found in the Scriptures.

Discussion question: Who is Jesus asking us to obey in this passage? What is our responsibility to fulfill what he wants us to do?

4. “And surely I am with you always, to the very end of the age”:

Jesus assures his disciples of his continual presence and support as they fulfill the Great Commission. This promise underscores the importance of relying on His strength and guidance in carrying out the mission of making disciples.

Question:

According to Matthew 28:20, until when does Jesus want us to make disciples?

- A) Until we have enough disciples to fill our local church
- B) Until we have converted everyone in our community
- C) Until the end of the age
- D) Until we have personally fulfilled the Great Commission

Answer: \_\_\_\_\_

Summary:

As men we are called to lead:

In our marriage, in our home and in our church.

Let's encourage one another to keep fulfilling what God has called us to do!